

JUNE FITNESS ADULTS SCHEDULE

MON



**TOTAL
BODY BLAST**

7:00 am
Manuk



**ALL LEVELS
YOGA**

8:00 am
Ana

TUE

**FITNESS CENTER
IS CLOSED**

WED



**GLUTE
CAMP**

7:00 am
Mariana



**YOGA SCULPT
FUSION**

8:00 am
Michelle S

THU



**CORE &
MORE**

7:00 am
Mariana



VINYASA FLOW

8:00 am
Veronica

FRI



**SWIM
STRONGER**

7:00 am
Raul



**YOGA
SCULPT FUSION**

8:00 am
Michelle S

SAT

Please bring your own exercise mat. Classes are limited to 10 participants.

Member: \$15 | **Guest:** \$25 | **Vertical:** Complimentary



Reservations are required.

All activities and events can be reserved through the Querencia App.

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